Managing Acute Heart Failure And Cardiogenic Shock

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KEY TAKEAWAYS

- High-dose IV diuretics targeting full decongestion (NTproBNP trending down, less than 1000 pg/mL at discharge) reduces readmission
- STRONG-HF: rapid GDMT initiation during/after ADHF with early close follow-up reduces 180-day death and readmission
- DanGer Shock 2024: early Impella in MI cardiogenic shock improves 180-day survival; timing is critical - early beats late escalation
- CardioMEMS remote PA pressure monitoring reduces HF hospitalisation by 37% in NYHA Class III (CHAMPION)

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